COVID-19 (CORONAVIRUS) ABSENCE: A quick guide for parents/carers



Wł	nat to do if	Action needed	Return to school when
0, 1, 1, 0 - (. 0.) - (.	my child has coronavirus symptoms	 ✗ Do not come to school ✓ Contact school ✓ Self-isolate ✓ Get a test ✓ Inform school immediately about test result 	the test comes back negative
Î	my child tests positive for coronavirus	 ✗ Do not come to school ✓ Self-isolate for at least 10 days ✓ Inform school immediately about test result 	they feel better. They can return to school after 10 days even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.
	somebody in my household has coronavirus symptoms	 ✗ Do not come to school ✓ Contact school ✓ Self-isolate ✓ Household member to get a test ✓ Inform school immediately about test result 	the household member test is negative
	somebody in my household has tested positive for coronavirus	 ✗ Do not come to school ✓ Contact school ✓ Self-isolate for 14 days 	the child has completed 14 days of self-isolation
	NHS test and trace have identified my child as a 'close contact' of somebody with symptoms or confirmed coronavirus	 X Do not come to school X Contact school X Self-isolate for 14 days 	the child has completed 14 days of self-isolation
- Th	we/my child travelled and has to self-isolate as part of a period of quarantine	 Term time holidays, including absence as a result of needing to quarantine, are unauthorised. Returning from a destination where quarantine is needed: ✗ Do not come to school ✓ Contact school ✓ Self-isolate for 14 days - even if a test is negative 	the quarantine period of 14 days has been completed
	we have received medical advice that my child must resume shielding	 ✗ Do not come to school ✓ Contact school ✓ Shield until you are informed that restrictions are lifted and shielding is paused again 	school inform you that restrictions have been lifted and your child can return to school again
S	l am not sure who should get a test for COVID -19 (coronavirus)	 Only people with symptoms* need to get a test People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive 	when conditions above, as matching your situation, are met

* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.



nhs.uk/coronavirus