The Oldershaw Academy

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Dear Parents and Carers

Coronavirus Concerns

You're likely aware of the outbreak of novel coronavirus and the subsequent confirmed cases in the UK. At The Oldershaw Academy, we take the health and safety of our pupils and staff very seriously, so we're sharing <u>guidance</u> from Public Health England on the steps you should be taking.

There's currently no cause for concern at the school, but we'll keep you informed about any developments.

Prevent the spread of infection

Make sure you and your children follow these general principles to prevent spreading any respiratory virus:

- > Wash your hands often with soap and water for at least 20 seconds, or an alcohol-based sanitiser if soap and water aren't available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- > Cover your cough or sneeze with a tissue, then throw the tissue in a bin
- Clean and disinfect frequently touched objects and surfaces in the home
- > If you're worried about your symptoms, please call NHS 111 don't go directly to your GP or other healthcare environment

You may be aware that advice for travellers from affected areas has recently changed and it may affect children and parents returning from trips. We have checked with our staff and can confirm no staff have been in the areas Public Health England (PHE) have identified. We will continue to share any new advice at the earliest opportunity.

If you or your children have returned from a category 1 country or area in past 14 days *Only if you've returned on or after 19 February 2020

- > Wuhan city and Hubei province, China
- > Iran*
- Daegu or Cheongdo, South Korea*
- Any Italian town under containment measures* (see the map here)

Contact NHS 111 for advice, and:

- > Self-isolate for 14 days after leaving the country or area (see the <u>home isolation advice sheet</u> for help with this)
- > If you become unwell, call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention) see below for the symptoms to look out for.

If you or your children have returned from a category 2 country or area in last 14 days *Only if you've returned on or after 19 February 2020

- Cambodia
- > China (other than Wuhan city or Hubei province)
- > Hong Kong
- > Italy: north* (see the map here)
- Japan
- **>** Laos
- > Macau
- > Malaysia
- > Myanmar
- > Singapore
- > South Korea (other than Daegu or Cheongdo)
- > Taiwan
- > Thailand
- > Vietnam

If you or your children are well:

- > You don't need to avoid contact with other people
- > Your other family members don't need to take any precautions or make any changes to their own activities

If you become unwell (see below for a list of symptoms):

- > Stay indoors and avoid contact with other people as you would with other flu viruses (see the home isolation advice sheet for help with this)
- > Call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention)

Symptoms to look out for

If you've returned from any of the category 1 or 2 areas or countries, look out for the following symptoms:

- > Cough
- Difficulty in breathing
- > Fever (a temperature of 38 degrees C or higher)

Click on this link for further official guidance

Yours faithfully

Mr M Liddell Mr J Bush

Principals